



URHP & AMH SUMMER GATHERING

Friday 7th – Sunday 9th July 2023

The Purley Chase Centre, Atherstone, CV9 2RQ

“Celebrating our Unity and Powerful Future”

Conference Programme

Friday 7th July

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| 15.00 - 16.00 | Registration |
| 16.00 - 16.45 | URHP: <i>Members Informal Chat (optional)</i> |
| 16.50 - 17.00 | Welcome: <i>Opening Conference by URHP & AMH Chairs</i> |
| 17.00 - 17.45 | Rumana Zahn: <i>Meditation & Gregorian Chant</i> |
| 18.00 - 19.30 | Dinner |
| 19.30 - 21.00 | Jo Glover: <i>Outdoor Fire Ceremony</i> |

Saturday 8th July

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| 08.00 - 09.00 | Breakfast |
| 09.00 - 10.30 | Andrew Mason: <i>Introduction to Ayurvedic Alchemy</i> |
| 10.30 - 11.00 | Tea Break |
| 11.00 - 12.30 | Andrew Mason: <i>Introduction to Ayurvedic Alchemy - Part Two</i> |
| 12.30 - 13.30 | Lunch |

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- 13.30 - 15.00 Dr Phil Deakin: *Yellow Flags – waving or drowning?*
- 15.00 - 15.15 Tea Break
- 15.15 - 16.45 People's Health Alliance: *Forum*
- 16.45 - 17.00 Tea Break
- 17.00 - 18.30 Renee Koenders: *Hildegard of Bingen – The Herbalist & Healer*
- 18.30 - 19.30 Dinner
- 19.30 - 21.30 Social drinks at the bar/Entertainment activity

Sunday 9TH July

- 08.00 - 09.00 Breakfast
- 09.00 - 10.30 Dr Edward Thompson: *The Heart of the Matter*
- 10.30 - 10.45 Tea Break
- 10.45 - 12.15 Barbara Wilkinson : *Herbal Walk – The Ark - Acts of Restorative Kindness*
- 12.30 - 13.30 Lunch
- 14:00 Farewells

Open Space

At this year's Conference there will be an *Open Space* throughout the event. This is simply an alternative programme that anyone at the Conference can create at any time.

The way this works is that if anyone wants to facilitate a discussion or group activity, they can announce this on the *Open Space Notice Board* saying what, where and when. This can be as an additional option to the scheduled Seminars, during meal breaks or in the evening. More will be explained at the Conference.

PLEASE NOTE THAT SPEAKERS MAY BE SUBJECT TO CHANGE AT SHORT NOTICE